



Musical Conversations *with Matthew Laurie*

Fostering wellbeing In Elder and Dementia Care

Wednesday 26th September 2018 9.30am - 3.30pm
Burton Street Foundation, Sheffield, S6 2HH

Musical Interaction is a socially inclusive approach to developing rapport and relationship. Grounded in the theory and practice of participatory arts, person centred dementia care and research into rapport, musical conversations are an enjoyable and effective way to meet the social needs of elders and people living with dementia in residential care settings.

This enjoyable, practical and thought provoking course is suitable for anyone who supports or works with older people including support workers, therapists, managers, musicians, artists and family members. The course will deepen the practice of existing music practitioners and will also be of benefit to those with no previous musical experience.

Course content includes:

- Presentations on the theory and practice of Musical Interaction
- Enjoyable social learning activities
- 12 song repertoire of interaction songs for group and one to one work
- Practical tips for session design and facilitation
- Non-verbal communication skills

Each participant will receive a 40 page songbook including online audio of each song.

Course Fees

Staff from organisations	£95 per place
Self-employed musicians/artists	£75 per place
Family members of a supported person	£55 per place

Please call 07896 977 388 or email info@understandingarts.co.uk to reserve a place and request an invoice. Reservations will be confirmed upon payment of invoice. Reservations may be offered to those on the waiting list if payment is not received by 14 days before the course date.

Matthew Laurie has worked with people and music since 2001 and specialises in supporting people at risk of social isolation due to dementia, autism and learning disabilities. Matthew has worked in residential care homes, older peoples mental health units and special schools both in the UK and internationally, delivering sessions and training to develop practice. He is currently the music mentor for the Creative Ageing programme of Hereford's Courtyard Arts Centre teaching musicians how to offer person centred music practice in residential care settings. Matthew is also a teacher of mindfulness, qigong and non-violent communication. More information can be found at mattlaurie.com

"Very insightful day which has increased my understanding of the importance of positive communication through musical interaction"

Feedback from June 2018, Certitude (London)